

Nursery Week 1 - Day 5

There are resources in your home learning pack to help you complete the tasks and a home learning book to record your work.

The suggested activities are cross curricular and the time spent on them will also depend on your child's interests. Please make sure they have access to free play but please do limit screen time. Let the children enjoy the resources you have at home such as Lego, dressing up and role play materials, scooters / bikes visiting the park/ painting and drawing. Young children learn best through active hands on learning so the timetable is a guide and doesn't need to be followed rigidly.

Physical development - Step ups and bounce a ball - 5 mins each (10 minutes). These activities are from the fitness challenge cards; they have been uploaded to the school website. See below for more gross motor activities.

Singing and Action Songs – **Old MacDonald Had a Farm**. Encourage your child to do the actions and lead.

Writing/Mark Making – **Page 1 of the scissor cutting book**. Ensure your child is holding the scissors correctly and encourage them to take their time. Practise **tracing your name** with the laminate and the whiteboard pen. Please make sure your child starts on the left hand side and starts each letter in the correct place.

Phonics - Make instruments at home. Rice, beans, beads, coins or shells in a sock. Ask your child to shake it and workout what is inside the sock.

-Key questions: What does it sound like? Does it sound hard or soft? What else could it be? Where might we find them?

Maths – **Build the tallest tower** you can out of things you find at home. Boxes, Lego, building blocks etc. When your child has finished building encourage them to count all the blocks they have used. Model the counting if they get stuck.

-Key questions: Can you count all of them? How many? What if there was one more? One less?

Around the house/Cross Curricular Activities – **Hide a teddy or a toy** somewhere a room or garden. When your child finds the toy, they need to describe where they found it: under, behind, next to, on top of etc. Encourage your child to then hide it for you and direct you to it. E.g. The teddy is next to something tall. The teddy is behind something.

Understanding the world/Expressive arts and design – **Keep a food diary** of all the fruit and vegetables you eat in one day. Your child can draw a picture to record them.

-Key questions: Which was your favourite? Why?

Please start saving your boxes, tubes and bottles from your recycling. We will be using some for a junk modelling activity!

The list below is activities that must also be done every day while school is closed:

-Read to your child everyday

-Plasticine (10 minutes every day) see this website for some fun ideas! - www.artfulparent.com/39-ideas-for-playing-with-playdough/

-Nursery rhymes with actions. Mr Tumble is great for this - www.bbc.co.uk/iplayer/episodes/p07ctrl6/mr-tumble

-Tooth brushing video. This is the video we use in Nursery - www.youtube.com/watch?v=CmZp1wdJAw4

-Alphabet sounds song - www.youtube.com/watch?v=jPVbJ-laHIw

-Counting to 10 song - www.youtube.com/watch?v=6RfIKqkvHTY

The list below is other activities you might like to do while school is closed:

Maths:

-Number:

Counting beyond 10 song - www.youtube.com/watch?v=e0dJWfQHF8Y

-Shape:

Shape song - www.youtube.com/watch?v=WTeqUejf3D0

Reading:

-Children should be read to everyday.

-Ask children what they think will happen next? Why?

-Get them to finish the rhyme in sentences when being read to.

-Dr Seuss video with rhyming - www.youtube.com/watch?v=jdotPwVJYzs

Physical development:

-Gross motor skills:

Joe Wickes P.E. lesson on YouTube - www.youtube.com/watch?v=Rz0go1pTda8

Hopping/skipping/jumping

Hopscotch

Lifting objects in the home

-Fine motor skills:

Plasticine

Threading - a straw or spaghetti with beads, cheerios or similar

Weaving - you can hole-punch into card or paper and use ribbon or string

Lego building

Using tweezers/tongs/similar (or pincer grip) to move peas (etc.) from one bowl to another

Expressive arts and design:

-Music:

Body percussion (links to Phase 1 phonics)

Can you make an instrument from things in your house?

Listen to the radio! Sing, dance and have fun

-Art:

Drawing

Painting

Crafts

Papier mache

-Imaginative role play:

Pretend to be a Superhero! Can you make a cape?

-Baking/cooking

-Den making

Communication, Language and Listening

Talking to and questioning your child whilst you complete tasks around the home strengthens their understanding and broadens their knowledge of language.

Understanding the world

Daytime/night time activities - what happens when? Which animals come out at night?

The weather - keep a note of the weather and temperature

Days of the week - www.youtube.com/watch?v=mXMofxtDPUQ

Transport topic - www.bbc.co.uk/iplayer/episodes/m0009mbx/graces-amazing-machines

Please write in the book everyday what you child has done and how they found the activity. Please make sure you date and sign daily work. Any artwork does not need to be stuck into the book.