



Year 3 RE - Buddhism



The Big question: What did the Buddha teach his followers about life?

Key Facts

Siddhartha was a Prince who became the Buddha.

No belief in a personal God.

Buddhism is about finding ways to transform oneself.

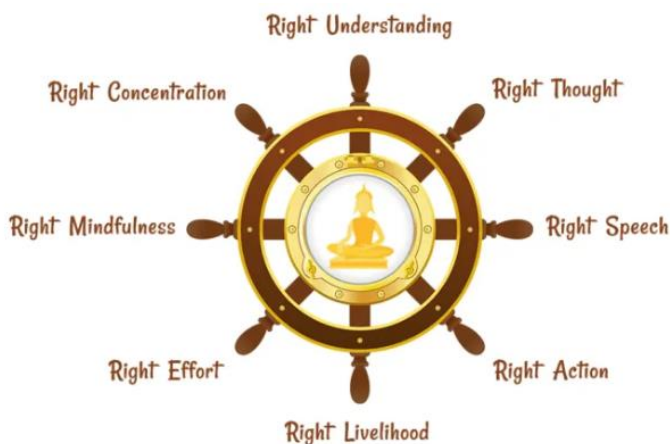
Key Vocabulary

Buddha:	The founder of Buddhism. Meaning enlightened or awakened one.
Enlightenment:	The realisation of the truth about life.
Four noble truths:	The truths discovered by the Buddha during his enlightenment.

The Four Noble Truths

1. Everyone experiences unhappiness in life. (dukkha)
2. Our unhappiness is caused by wanting things which can't make us happy. (samudaya)
3. Good news! It's possible to stop all this wanting. (nirodha)
4. It just takes training. Follow the Noble Eightfold Path. (maggā)

The Four Noble Truths



Buddha