



PE and Sports Premium Report 2022-23 (September 2022 to August 2023)

Evaluation of Prior Year

<b>Key Indicator 1: the engagement of all pupils in regular physical activity</b>			
	Fund allocated	expenditure	Impact and evaluation
Purchase and replacement of various play equipment including: balls, skipping ropes, bean bags, stilts, hoops for class bags	£1,800	£2,030	Children have a range of different play equipment to use at break times. Each class has a sports bag for their own equipment which ensures more access to equipment for each child. Overspend due to extra equipment and storage bags bought for bubbles in school March- July 2020.
Refresh/repaint of playground markings	£500	£300	Children actively engage with games in the playground. Making playtime active and purposeful which has a significant effect on children's learning, behaviour and attitudes. Markings for 4 square pitches had an annual refresh
Skipping workshops each term and purchase of a skipping rope per pupil	£3,500	£3,052	Children engaged in skipping workshops over two days. Introduced to new skills, active fitness and playground games. Workshops twice in the school year
Targeted swimming lessons for children in years 5 & 6 who cannot swim confidently over 25 metres. Once a week lesson at Willesden Sports Centre	£4,320	£2,781	8 children were offered the catch up swimming lessons and 2 completed the course of lessons and were able to swim 25 metres at the end.



<b>Key Indicator 2: Broader experience of a range of sports and activities offered to all pupils</b>			
	Fund allocated	expenditure	Impact and evaluation
PE coordinator to book specialised lunchtime sports/play leaders.	£11,700	£8,736	Pupils were actively participating in a variety of sports and play activities at lunchtimes. Staff are engaged with supporting the children.
Continuation of skateboarding club for years 2/3.	£2,590	£2,126	Skateboarding is a sport with growing popularity and is one of the most popular after school clubs. We subsidise the cost of skateboarding after school club.
Start club for years 4,5 and 6 £3 subsidy per child	£1,440	£1,061	
After school provision in athletics provided by PE coordinator lead. After school athletics club on a club running track			After school athletics did not happen last year. Autumn term covid then no access to track
<b>Key Indicator 3: Increased participation in competitive sport</b>			
	Fund allocated	expenditure	Impact and evaluation
School mini-buses for transport of children to various competitions/tournaments. Boys & Girls football, Brent Athletics meeting, Queens Park Cross-Country, Indoor Athletics meeting, After school Athletics Club	£900	£1,762	School mini bus used to attend boys and girls football tournaments and Indoor athletics tournament
Continue membership of Capital City Partnership	£1,700	£1,455	Children had the opportunity to participate at competition level and compete against other children of the same age. Indoor athletics tournaments: Y5&6 placed 5 <sup>th</sup> out of 16 schools; Y4 placed 4 <sup>th</sup> out of 20 schools.
Annual Sports Day at Willesden Sports centre	£500	£550	Sports Day held on June 17th 2022. Children enjoyed having the opportunity to compete against each other and be rewarded with medals.

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Medal ceremony to celebrate Sports day winners.	£150	£172	Children rewarded for success during Sports Day with a medal.
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<b>Key Indicator 4: Increase the confidence, knowledge and skills of staff in teaching PE and sport</b>			
	Fund allocated	expenditure	Impact and evaluation
PE teacher TLR	£2,667	£2,873	PE lessons taught that engage and excite pupils. High level of input and maximum physical activity in a PE lesson is achieved. Pupils know the importance of having regular physical activity in their lives as well as in PE lessons
PE leader training and attendance at development meetings with other PE coordinators.	£1,000	£1,000	PE coordinator is aware of different events happening within the borough including tournaments, new initiatives and making links with a greater number of primary schools in the local area.
<b>TOTALS</b>	<b>£32,767</b>	<b>£26,136</b>	<b>BALANCE carried forward £6,631</b>

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<b>Academic Year: 2022/23</b>		<b>2022-23 funding:</b> 19,360 <b>Carried forward from 2021-22: £6,631</b> <b>TOTAL : £25,991</b>		
<b>Key Indicator 1: the engagement of all pupils in regular physical activity- Chief Medical Office Guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school.</b>				<b>Percentage of total allocation:</b>
				<b>£4,100      16%</b>
School Focus	Actions to achieve	Fund allocated	Evidence and impact	Sustainability and suggested next steps
1a) Promote an active playground by providing engaging play equipment encouraging pupils to be active during break and lunchtimes.	Purchase and replacement of various play equipment including: balls, skipping ropes, bean bags, stilts, hoops for class bags	£1,100	Children enjoy engaging with a range of different play equipment and activities at break times.	Pupil questionnaires to measure pupil activity and enjoyment during break and lunch times
1b) promoting active playground games with a range of fun activities for children to engage with	Refresh/repaint of playground markings	£200	Children actively engage with games in the playground. Making playtime active and purposeful has a significant effect on children's learning, behaviour and attitudes.	Pupil feedback and monitoring the use of playground markings
1c) Targeted swimming lessons for children in years 5 who cannot swim confidently over 25 metres. Once a week lesson at Willesden Sports Centre	Offer free lessons to the 10 children who did not meet the NC standard at the end of swimming lessons in year 4	£2,800	Drowning is still one of the most common causes of accidental death in children, so being able to swim is an essential life-saving skill. Swimming keeps a child's heart and lungs healthy, improves strength and flexibility, increases stamina and even improves balance and posture.	Regular assessment of children at swimming sessions (year 4) and advance planning for catch up lessons for targeted children in Years 5



<b>Key Indicator 2: Broader experience of a range of sports and activities offered to all pupils</b>				<b>Percentage of total allocation:</b>
				<b>£15,225 59%</b>
<b>School Focus</b>	<b>Actions to achieve</b>	<b>Fund allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and suggested next steps</b>
2a) Provision of 1 sports experts/play leaders to work with children and support with engaging staff at lunchtimes	PE coordinator to book specialised lunchtime sports/play leaders.	£11,970	Pupils are actively participating in a variety of sports and play activities at lunchtimes. Staff are engaged with supporting the children.	Evaluate popularity of clubs and monitor groups of pupils who are attending lunchtime clubs
2b) Provision of a range of sports for children to try out. This promotes physical activity and is fun for the children to do	Provision of a skateboard/scooter training day in Autumn term	£800	Skateboarding is a sport with growing popularity and is one of the most popular after school clubs. Sports scientists have confirmed that it is a complex workout in itself. Skateboarding works the cardiovascular system and builds muscle strength	To be repeated annually and children in years 2 – 5 can join the after school skateboarding club  Staff on duty in playgrounds will be trained and longevity is ensured with virtual skipping leagues and award schemes
	Skipping workshop in summer term	£1,000	Skipping has amazing health benefits and the workshops are fun and exciting, creating a buzz around skipping.	
2c) Continue Capital City Partnership which provides opportunities for children to enjoy a range of sports at high quality venues with high quality resources.	PE afternoons led by PE leader using resources provided by Capital City.  Secondary leaders teaching smaller groups and whole classes on quality surfaces	£1,455	Children use (within school hours) quality resources in PE that are only available at secondary schools.  Children have the opportunity to work with lead secondary students in smaller groups and on different surfaces with different resources	

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<b>Key Indicator 3: Increased participation in competitive sport</b>				<b>Percentage of total allocation:</b>
				<b>£2,600 10%</b>
<b>School Focus</b>	<b>Actions to achieve</b>	<b>Fund allocated</b>	<b>Evidence and impact</b>	<b>Sustainability and suggested next steps</b>
<p>3a) Pupils provided with as many opportunities as possible to take part in competitive sport. Pupils of Princess Frederica to have increased pride in their school. Pupils benefit from increased self-confidence through their experiences and understanding of competitive settings.</p> <p>3b) To encourage children to participate in different sports and understand the importance of not just taking part, but also healthy competition and the reward that comes with it.</p>	<p>School mini-buses for transport of children to various competitions/tournaments. Boys &amp; Girls football, Brent Athletics meeting, Queens Park Cross-Country, Indoor Athletics meeting, After school Athletics Club</p> <p>Continue membership of Capital City Partnership</p> <p>Annual Sports Day at Willesden Sports centre Medals for sports day</p>	<p>£1,800</p> <p>Included in Key indicator 2</p> <p>£600</p> <p>£200</p>	<p>Princess Frederica is now a very active school in Brent for sports, attending various different festivals/competitions/matches. The children benefit from competing against children from other schools. The mini-buses make this possible and easier to attend more fixtures.</p> <p>Children had the opportunity to participate at competition level and compete against other children of the same age. Children use 3G football pitches on a regular basis for football matches. Brent indoor athletics tournament</p>	<p>PE coordinator to maintain a schedule of competitions entered and results.</p> <p>Ensure that PE coordinator is supported in attending and preparing for these events by making additional adults available</p> <p>PE coordinator to undertake an annual review and evaluation of the Sports Day arrangements and organisation for EYFS, KS1 and KS2.</p>

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<b>Key Indicator 4: Increase the confidence, knowledge and skills of staff in teaching PE and sport</b>				<b>Percentage of total allocation:</b>
				<b>£3,873 15%</b>
School Focus	Actions to achieve	Fund allocated	Evidence and impact	Sustainability and suggested next steps
4a) Dedicated PE teacher to teach lessons, run clubs and organise competitive sporting events	PE teacher TLR	£2,873	PE lessons taught that engage and excite pupils. High level of input and maximum physical activity in a PE lesson is achieved. Pupils know the importance of having regular physical activity in their lives as well as in PE lessons	PE coordinator regularly reviews the PE curriculum and personal skills.  Sustained Involvement and links with a greater number of primary schools in the local area.
4b) High quality PE lessons are taught which engage all pupils across the curriculum and key stages. All pupils make good progress with their core physical achievement.	PE leader training and attendance at development meetings with other PE coordinators.	£1,000	PE coordinator is aware of different events happening within the borough including tournaments, new initiatives and opportunities and making links with other schools. PE assessment suggests continuing improvement.  Studies have shown that outdoor learning has other benefits for children’s physical health and wellbeing. Sunlight and soil microorganisms boost the body’s levels of serotonin, the chemical linked to feelings of wellbeing; while vitamin D, which is essential for bone and muscle health is provided by sunlight.	

<b>Meeting National Curriculum Requirements for swimming and water safety</b>		
	%	number
Swimming outcomes for Year 5 cohort 2022-23		
Percentage of the current year 5 cohort that can swim confidently, competently and proficiently over a distance of at least 25 metres	81 %	(55 pupils)
Percentage of the current year 5 cohort that can use a range of strokes effectively over a distance of at least 25 metres	81 %	(55 pupils)
Percentage of the current year 5 cohort that can perform safe self-rescue in different water-based situations	94 %	(55 pupils)

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### **PE and Sports Premium Funding Summary**

Key Indicator	Cost	Percentage
1) Increase pupils' engagement in physical activity	£4,100	16%
2) Broader range of sports and activities	£15,225	59%
3) Increased participation in competitive sport	£2,600	10%
4) Increase the confidence, knowledge and skills of staff	£3,873	15%
<b>TOTAL</b>	<b>£25,798</b>	
Budget for 2022-23	£25,991	
Remaining for 2022-23 academic year	£193	

### **RECORD OF COMPETITONS**

<b>School year 2021-22</b>			
<b><u>EVENT</u></b>	<b><u>DATE</u></b>	<b><u>VENUE(S)</u></b>	<b><u>PLACING/POSITION</u></b>
Boys football team South Brent league	24 <sup>th</sup> February 2022	The Pavillion Stonebridge park	Won 6-0
Year 6 3v3 basketball	1 <sup>st</sup> March 2022	Capital City Academy	5 <sup>th</sup> out of 13 schools competing
Year 4 Indoor Athletics Competition	16 <sup>th</sup> March 2022	Willesden Sports Centre	2 <sup>nd</sup> out of 15 schools competing
Year 4 Cross-Country	23 <sup>rd</sup> March 2022	Kingsbury High School	Girl Silver Medal Boy Silver and Bronze Medal
Year 5&6 Summer Athletics Competition	15 <sup>th</sup> June 2022	Willesden Athletics Track	2 <sup>nd</sup> out of 16 schools competing.



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