School Meal Menu
Autumn Term 2022

	Week One WB 5/9/22, 19/9/22, 3/10/22/, 17/10/22,7/11,22,21/11/22, 5/12/22			Week Two WB 12/9/22, 26/9/22, 10/10/22, 31/10/22, 14/11/22, 28/11/22, 12/12/22
	Monday			**Monday**
Option 1	Macaroni Cheese		**Option 1**	Margarita pizza with fresh basil
Option 2	Jacket potato with tuna & sweetcorn or baked beans & cheese		**Option 2**	Pasta with tomato and basil sauce
Vegetable	Carrots and broccoli		**Vegetable**	Sweetcorn and green beans
Dessert	Peaches and fresh cream		**Dessert**	Berries, yoghurt, chia seeds and honey
	Tuesday			**Tuesday**
Option 1	Chicken curry with brown rice		**Option 1**	Shepherd's Pie
Option 2	Vegetable curry with brown rice		**Option 2**	Quorn Shepherd's Pie
Vegetable	Cucumber raita, sweetcorn and green beans		**Vegetable**	Peas and broccoli
Dessert	Ice cream		**Dessert**	Chocolate cake and Chocolate custard
	Wednesday			**Wednesday**
Option 1	Lasagne		**Option 1**	Chicken Sausages and roast potatoes
Option 2	Vegetable lasagne		**Option 2**	Veggie sausages and roast potatoes
Vegetable	Peas and carrots		**Vegetable**	Carrots and green beans
Dessert	Apple crumble and custard		**Dessert**	Seasonal Fruit salad
	Thursday			**Thursday**
Option 1	Roast chicken, roast potatoes Yorkshire pudding and gravy		**Option 1**	Spaghetti Bolognese and garlic bread
Option 2	Vegetable quiche		**Option 2**	Vegetable pasta bake and garlic bread
Vegetable	Carrots and broccoli		**Vegetable**	Carrots and mixed salad
Dessert	Fruit salad and cream		**Dessert**	Mixed fruit jelly
	Friday			**Friday**
Option 1	Cod fish fingers and potato wedges		**Option 1**	Cod fish fingers and potato wedges
Option 2	Vegetable roll		**Option 2**	Vegetable noodles
Vegetable	Peas and baked beans		**Vegetable**	Peas and baked beans
Desert	Lemon cake and custard		**Dessert**	Oatmeal and raisin cookies

The following are available daily:
Fresh Fruit, bread, jacket potato, fresh salad available at the serving counter
Drinking water