## Knowledge Organiser - Buddhism

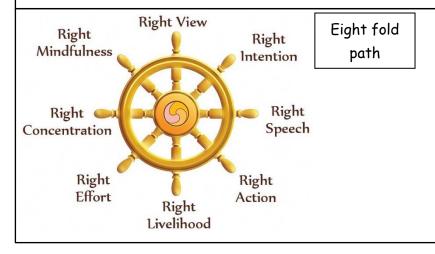
# Key question: What does it mean to be a Buddhist?

### Key Vocabulary

Buddha	Sangha	Dharma
Temple	Siddhartha	Nirvana
Karma	Samsara	Anitya
enlightement	entitlement	

#### **Facts**

- In Buddhism, the teachings are arranged through the eight-fold path, four noble truths, symbols and five precepts. The **eightfold** path is the path to the end of suffering.
- Sangha, meaning 'company' or 'community', refers to the monastic communities of monks and nuns across the Buddhist world. The Sangha has kept Buddhist texts safe over the centuries and has also provided inspiration and guidance on how to live a good Buddhist life.
- The Dharma (ultimate truth) is about overcoming dissatisfaction or suffering. It gives people a way to live life that can lead them towards achieving enlightenment. It encourages Buddhists to follow the Noble Eightfold Path and to practise meditation. Buddhists believe that following the Dharma in their daily practice, can help them to overcome suffering.



### **Pictures**



Symbols of Buddhism

