

# Princess Fred's Matters

November 13th 2015



*"An intelligent heart acquires knowledge, and the ear of the wise seeks knowledge." Proverbs 18:15*

Dear Parents and Carers,

Welcome back to the second half of term. In this newsletter we hope to keep you informed of what has been going on and what is coming up at Princess Frederica Primary School.

## Samaritan's Purse

Our Operation Christmas Child collection has now ended and we received a huge total of 225 boxes, just short of 2014s total of 250. An enormous thank you to all who supported this cause.



## Christmas Poster Competition

Thank you to the PSA for organising our Christmas poster competition, which was judged by Sarah from Mini Picassos. There were a huge number of entries this year and choosing an overall winner was, as always, incredibly challenging. We would however like to offer our congratulations to Oliver Fallon who took the overall prize. A selection of the runners up work will be shared on the school website.

## Remembrance Day

Children throughout the school have been learning about Remembrance Day and on Wednesday 11th November at 11am, the whole school held a two minute silence to remember those who have served in the armed forces. Thank you to our prefects for selling poppies in the playground



## Healthy Eating

As a school, we have a policy of healthy food and healthy eating which is available on the school website. Over the last half-term we have noticed an increasing number of foods from the 'not allowed in school' list being brought into schools as part of children's packed lunches. Please remind yourself of some of the foods we encourage and some that are not allowed in school at all.

PTO...

Great foods for packed lunches	
Soup or pasta in a thermos flask Vegetables like carrots, broccoli and cucumbers Sandwiches with egg, canned fish or lean meat Yoghurt	Fruits like satsumas, apples and bananas, strawberries and pears Cubes of cheese Sushi Dried fruit pieces Fruit juice with no extra sugar
Foods you could have once or twice a week	Foods not allowed in school at all
Biscuits Cake Pretzels or savoury baked biscuit snacks Jam sandwich Custard	Crisps (baked or fried) Peanut butter Chocolate bars and sweets Chocolate spread Anything containing nuts Any drink with added sugar Donuts or popcorn

## Parent Reading Volunteer Programme

Each year at Princess Frederica CE VA primary School, we run a parent reader programme. This involves volunteer parents offering one or two hours per week to listen to children read after a short initial training. It has been a valuable scheme that has helped many children develop their confidence in reading.

If you have been a parent reader before and would like to continue volunteering, please contact Miss Allan with your availability.

If you are interested, but have not volunteered before, there will be a meeting in school at 3pm on Friday 27th November to discuss what a session might look like.

Please note that all parent volunteer readers, new and returning, will need to have current Enhanced DBS clearance (formerly CRB). This requirement is part of the statutory procedure for safeguarding of children. In order to gain this status, please see Mr Hackman in the office with proof of identity-passport or full UK photo driving licence, proof of address – council tax bill or bank statement and your e mail address.

## Parent Volunteers For School Trips

Last year, a number of parents registered to become trip volunteers at Princess Frederica Primary School. Becoming a volunteer means that you will be contacted by the school when classes are going on trips. Most of the time, this will be for your own child's class, but there may be occasions when you are asked to accompany another class.

We understand that there will be times when other commitments mean that you cannot accompany a class.

If you are not registered and are interested in becoming a trip volunteer, please send an e mail to the school office by Friday 27th November. Once we have a list of names of the parents who are interested, we will contact you regarding an induction to supporting school trips session which will cover expectations and aspects of health and safety, as well as safeguarding.

## Upcoming dates:

- Wednesday 18th November - PSA AGM 7:30pm
- Friday 27th November - Mufti day
- Friday 27th November - Parent Volunteer Readers introduction 3pm