

## After School Clubs Autumn Term 2022

|               | <b>Monday</b><br>Kenzalia Club until 6pm  | <b>Tuesday</b><br>Kenzalia Club until 6pm  | <b>Wednesday</b><br>Kenzalia Club until 6pm  | <b>Thursday</b><br>Kenzalia Club until 6pm   | <b>Friday</b><br>Kenzalia Club until 5pm |
|---------------|---|--|--|--|--|
| <b>Club 1</b> | <b>Cookery Club (Year 4-6)</b><br>Ms Davis<br>12 spaces<br><i>(school kitchen)</i><br>3:30 – 4:30pm<br>Pick up from office entrance             | <b>Gymnastics Club (Y2-4)</b><br>Dance & Arts Ltd<br>20 Spaces<br><i>(upstairs hall)</i><br>3:30-4:30pm<br>Pick up from office entrance                | <b>Football Club (Y1-3)</b><br>Mr Olubanjo/Mr Djabate<br>20 Spaces<br><i>(football pitch)</i><br>3:30-4:30pm<br>Pick up from KS2 playground gates      | <b>Football Club (Y4-6)</b><br>Mr Olubanjo/Mr Djabate<br>20 Spaces<br><i>(football pitch)</i><br>3:30-4:30pm<br>Pick up from KS2 playground gates      |  |
| <b>Club 2</b> | <b>Book Club (Year 6)</b><br>Mr McCann<br>10 Spaces<br><i>(library)</i><br>3:30-4:30pm<br>Pick up from office entrance                          | <b>Fashion Rebellion Sewing Club (Y4-6)</b><br>Ella Clark<br>10 spaces<br><i>(multi-purpose room)</i><br>3:30 – 5:00pm<br>Pick up from office entrance | <b>Fashion Rebellion Sewing Club (Y4-6)</b><br>Ella Clark<br>10 spaces<br><i>(multi-purpose room)</i><br>3:30 – 5:00pm<br>Pick up from office entrance | <b>Mindfulness and Movement (Y1-3)</b><br>Dance & Arts Ltd<br>12 Spaces<br><i>(upstairs hall)</i><br>3:30-4:30pm<br>Pick up from office entrance       |  |
| <b>Club 3</b> | <b>Art Club (Y1&amp;2,3)</b><br>Ms Mulry<br>20 spaces<br><i>(1 Ottawa classroom)</i><br>3:30-4:30pm<br>Pick up from nursery entrance            | <b>Lego Club (Rec,Y1&amp;2)</b><br>Mr Djabate<br>15 spaces<br><i>(1 Canada)</i><br>3:30-4:30pm<br>Pick up from office entrance                         | <b>Street Dance Club (Y3-6)</b><br>Dance & Arts Ltd<br>20 spaces<br><i>(upstairs hall)</i><br>3:30-4:30pm<br>Pick up from office entrance              | <b>Fashion Rebellion Sewing Club (Y4-6)</b><br>Ella Clark<br>10 spaces<br><i>(multi-purpose room)</i><br>3:30 – 5:00pm<br>Pick up from office entrance |  |
| <b>Club 4</b> | <b>Gymnastics Club (Rec &amp; Y1)</b><br>Dance & Arts Ltd<br>20 Spaces<br><i>(upstairs hall)</i><br>3:30-4:30pm<br>Pick up from office entrance | <b>Drama Club (Y2-4)</b><br>Ms Sayers & Ms Chandaria<br>15 spaces<br><i>(classroom)</i><br>3.30pm to 4.30pm<br>Pick up from office entrance            | <b>Pottery Club (Y1&amp;2)</b><br>Jay Jai Cee Creates Pottery<br>15 spaces<br><i>(classroom)</i><br>3.30pm-4.30pm<br>Pick up from office entrance      | <b>Skateboarding Club (Y2-5)</b><br>My Little Boarders<br>24 spaces<br><i>(KS2 playground)</i><br>3:30-4:30pm<br>Pick up from KS2 playground gates     |  |
| <b>Club 5</b> | <b>Chess Club (Y4-6)</b><br>Mr Larke<br>10 spaces<br><i>(classroom)</i><br>3:30-4:30pm<br>Pick up from office entrance                          |  |  |  |  |
| <b>Club 6</b> | <b>Basketball Club (Y4-6)</b><br>London Elite Club<br>40 spaces<br><i>(KS2 playground)</i><br>3:30-4:30pm<br>Pick up from KS2 playground gates  |  |  |  |  |

### **Art Club (Year 1-3)**

Art club is for children in Years 1 to 3 who enjoy getting in touch with their creative side. The children will have lots of fun exploring a variety of mediums, learning new artistic techniques and collaborating with their peers on group projects.

### **Book Club (Year 6)**

This club is for reading enthusiasts who enjoy sharing and discussing books. Mr McCann and the club members will choose the books they read which will then be provided to the children. It does require a commitment to attend every week and can't be dipped in and out of. This is because the group are reading a book together at home and in the club. **When booking you will be expected to book and pay for all 7 weeks.**

### **Chess Club (Years 4-6)**

Chess club will provide children with the opportunity to learn the game, hone their skills and potentially compete in competition. Playing chess has been shown to result in better memory and cognitive function, strategic thinking and improved attention. It's also lots of fun!

### **Cookery Club (Years 4-6)**

This club is for children who want to learn cooking skills and make healthy vegetable and fruit based dishes, often using herbs grown in the school garden. Some of the skills that will be learnt are weighing, measuring, chopping and kneading. Dishes will include: falafels, fruit and vegetable tarts, pizza, tabbouleh and tzatziki, and sultana muffins.

### **Drama Club (Years 2-4)**

Drama is a fun way for children to build confidence and encourages social interaction. The club aims to promote positive self esteem through drama games, improvisation and expressive exercises, touching on different aspects of drama such as acting skills, role playing, movement and song.

### **Fashion Rebellion Sewing Club (Years 4-6)**

Amanda Riley is a designer, teacher, environmentalist and founder of The Fashion Factory and has been teaching children how to use a sewing machine for over a decade in her studio workshops. Ripping up the sewing rulebooks with her tried and tested quicker techniques she has now created 'Fashion Rebellion' the eco fashion school, an online programme with the easiest of step-by-step video tutorials so that anyone aged 8 years and above can learn to use a sewing machine.

In this club, each child will have a sewing machine and a tablet with step by step instructions filmed by Amanda. Once they have learnt how to use a sewing machine they will design and make their own clothes using old fabrics and clothes.

**In order to make progress with sewing skills, when booking you will be expected to book and pay for all 7 weeks.**

<https://www.fashionrebellion.co.uk>

*Learning to sew, to upcycle, repair and rewear our clothes sends a loud & clear message to manufacturers that things need to change. It's a fun and creative pastime with proven mental health benefits & life skills.*

### **Football Clubs (Years 1-3) and (Years 4-6)**

Children warm up with exercises, practise skills and play competitive games. *Children must wear PE kits.*

### **Gymnastics Club (Rec & Year 1 and Years 2-4)**

This club will be run by Dance&Arts Ltd. This is a fun and dynamic class where the children will be working on their fundamental physical skills that will accompany them throughout their whole life, such as strength, flexibility, coordination, balance and core stability. This club will be a mix of challenge and fun, aimed to promote children's self-esteem and trust in each other. *Children must wear PE kits.*

### **Lego Club (Rec-Year 2)**

Using activity ideas from the EYE organisation (Educating Young Engineers) children will be given basic engineering challenges to complete each week.

### **Mindfulness and Movement (Years 1-3)**

Movement and mindfulness classes will have different themes with stories-incorporating sharing circles, sound vibrations, mindful and creative movements and games to help children to express themselves, improve coordination, balance and strength. There will also be mindful activities, breath work and guided relaxation, to encourage awareness, focus and relaxation.

### **Pottery Club (Years 1 & 2)**

This club is run by Judy Johnson of Jay Jai Cee Creates Pottery. Each term will have a new theme and will be available to a different year group: for Autumn Term the theme is colour clay and painting. Pottery has great benefits for children such as reducing stress and improving motor skills. 'Jay Jai Cee Creates Pottery' is about having fun with creativity. *Children must wear an old t shirt that they don't mind getting dirty.*

### **Skateboarding Club (Years 2-5)**

This club is run by My Little Boarders which is a London based skateboarding club that specialises in teaching children aged 5-15 years old skateboarding in a fun and safe environment. With specialist trained instructors, all equipment provided (wrist, elbow and kneed pads; skateboards and helmets) children will learn one of the most upcoming, diverse sports whilst enhancing their core balance / fine motor skills and participating in a fun and unique experience. This club is open to all levels of ability: beginners will learn the basics; intermediates will advance their skills to become more confident on a deck and advanced skateboarders will have lots of challenges ahead as they are taught a range of different tricks. Children can bring their own boards if they want.

### **Street Dance (Year 3-6)**

This club will be run by Dance&Arts Ltd. It is a fun and energetic class, where children will learn steps and techniques and then put them together in routines. The class involves dance games, freestyles and creation of their own movements so that children are encouraged to use their full imagination and creativity.

## HOW TO BOOK AND PAY ON SCHOOL GATEWAY

1. Log on to School Gateway (download the app as this is clearer)
2. Click on the name of your child if more than one child is showing
3. Click on the club that you wish to book.
4. Click on make a booking.
5. Booking Choice—only click on Free School Meals (£3.25) if you have a filled out a form that has been authorised by Brent Council. Standard payments are £6.50 even if your child is receiving universal free school meals to the end of Year 2.
6. Click on the dates that you want to book from the list of available dates.
7. Click on Book.
8. Click on Pay Now.
9. Click on the club you have booked.
10. Add to basket.
11. View basket and checkout.
12. You will receive an email confirming payment.
13. If you want to book another club or child after step 10 go back to step 2 and repeat steps.

Please remember to cancel any sessions your child is not able to attend, either on the School Gateway app or by emailing the office on [admin@princessfrederica.com](mailto:admin@princessfrederica.com).